

High School YRBS Montana 2013 and United States 2013 Results

| High School Youth Risk Behavior Survey | | | | | |
|---|---------------------|---------------------|--|--|---------------|
| Question | Montana 2013 | United States 2013 | Montana More Likely than United States | United States More Likely than Montana | No Difference |
| Unintentional Injuries and Violence | | | | | |
| Never or rarely wore a bicycle helmet when riding * | 80.1 (78.0-82.1) | 87.9 (85.0-90.2) | | ■ | |
| Never or rarely wore a seat belt when riding in a car | 10.1 (8.8-12.0) | 7.6 (6.4-9.1) | ■ | | |
| Rode with a driver who had been drinking alcohol** | 24.5 (22.5-26.7) | 21.9 (20.0-23.9) | | | ■ |
| Drove when drinking alcohol** | 12.6 (11.0-14.3) | 10.0 (8.5-11.8) | ■ | | |
| Texted or e-mailed while driving ** | 55.8 (52.6-58.9) | 41.4 (38.2-44.7) | ■ | | |
| Carried a weapon (gun, knife, or club)** | 25.7 (24.1-27.4) | 17.9 (16.5-19.4) | ■ | | |
| Carried a gun** | 10.5 (9.4-11.7) | 5.5 (4.6-6.3) | ■ | | |
| Carried a weapon on school property** | 9.9 (8.8-11.1) | 5.2 (4.4-6.2) | ■ | | |
| Were threatened or injured with a weapon on school property* | 6.3 (5.6-7.1) | 6.9 (6.2-7.7) | | | ■ |
| Were in a physical fight* | 22.8 (21.0-24.6) | 24.7 (23.2-26.2) | | | ■ |
| Were injured in a physical fight* | 2.3 (1.9-2.7) | 3.1 (2.7-3.5) | | ■ | |
| Were in a physical fight on school property* | 7.3 (6.6-8.1) | 8.1 (7.5-8.9) | | | ■ |
| Did not go to school because they felt unsafe at school or on their way to or from school** | 8.8 (7.8-9.9) | 7.1 (6.0-8.3) | ■ | | |
| Were electronically bullied (e-mail, chat rooms, instant messaging, websites, or texting)* | 18.1 (16.9-19.4) | 14.8 (13.7-15.9) | ■ | | |

*During past 12 months
**During past 30 days

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| Question | Montana 2013 | United States 2013 | Montana More Likely than United States | United States More Likely than Montana | No Difference |
| Unintentional Injuries and Violence | | | | | |
| Were bullied on school property* | 26.3 (24.9-27.6) | 19.6 (18.6-20.8) | ■ | | |
| Were ever physically forced to have sexual intercourse | 8.7 (7.8-9.8) | 7.3 (6.6-8.1) | ■ | | |
| Experienced physical dating violence (hit, slammed into something, or injured with an object or weapon on purpose)* | 8.8 (7.7-10.0) | 10.3 (9.2-11.4) | | | ■ |
| Experienced sexual dating violence (kissing, touching, or being forced to have sexual intercourse when they did not want to)* | 11.1 (9.9-12.4) | 10.4 (9.4-11.5) | | | ■ |
| Felt sad or hopeless (for 2 weeks or more so that they stopped doing some usual activities)* | 26.4 (24.7-28.3) | 29.9 (28.3-31.6) | | ■ | |
| Seriously considered attempting suicide* | 16.8 (15.4-18.3) | 17.0 (15.8-18.2) | | | ■ |
| Made a plan about how they would attempt suicide* | 13.6 (12.7-14.5) | 13.6 (12.3-15.0) | | | ■ |
| Attempted suicide* | 7.9 (6.9-8.9) | 8.0 (7.2-8.9) | | | ■ |
| Attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse* | 2.6 (2.2-3.1) | 2.7 (2.3-3.1) | | | ■ |
| Tobacco Use | | | | | |
| Ever tried cigarette smoking | 41.1 (38.3-43.9) | 41.1 (38.4-43.8) | | | ■ |
| Smoked a whole cigarette before age 13 years | 9.8 (8.4-11.4) | 9.3 (7.8-11.1) | | | ■ |
| Currently smoked cigarettes** | 15.2 (13.4-17.2) | 15.7 (13.5-18.1) | | | ■ |
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| Tobacco Use | | | | | |
| Currently smoked cigarettes frequently (on 20 or more days)** | 5.5 (4.6-6.6) | 5.6 (4.4-7.1) | | | ■ |
| Smoked more than 10 cigarettes per day (of current smokers)** | 5.7 (4.0-8.2) | 8.6 (6.6-11.2) | | | ■ |
| Did not try to quit smoking cigarettes* | 47.5 (42.9-52.0) | 52.0 (48.7-55.1) | | | ■ |
| Smoked cigarettes on school property** | 3.7 (2.9-4.6) | 3.8 (3.1-4.8) | | | ■ |
| Usually obtained their own cigarettes by buying them in a store or gas station** | 8.8 (6.1-12.5) | 18.1 (14.4-22.4) | | ■ | |
| Ever smoked at least one cigarette every day for 30 days | 9.2 (8.2-10.4) | 8.8 (7.2-10.8) | | | ■ |
| Smoked cigarettes on all 30 days** | 3.7 (2.9-4.5) | 4.0 (3.0-5.3) | | | ■ |
| Currently used smokeless tobacco (chewing tobacco, snuff, or dip)** | 13.4 (11.4-15.7) | 8.8 (7.3-10.6) | ■ | | |
| Currently used cigars (cigars, cigarillos, or little cigars)** | 15.8 (14.4-17.3) | 12.6 (11.4-13.9) | ■ | | |
| Currently used tobacco (cigarette, smokeless tobacco, or cigar)** | 26.7 (24.2-29.4) | 22.4 (19.9-25.0) | ■ | | |
| Alcohol and Other Drug Use | | | | | |
| Ever had at least one drink of alcohol in their lifetime | 70.5 (68.5-72.4) | 66.2 (63.7-68.5) | ■ | | |
| Drank alcohol before age 13 years | 19.9 (18.1-21.8) | 18.6 (17.2-20.0) | | | ■ |
| Currently drank alcohol** | 37.1 (34.8-39.5) | 34.9 (32.8-37.1) | | | ■ |
| Usually obtained the alcohol they drank by someone giving it to them (of current drinkers) | 36.3 (33.1-39.5) | 41.8 (39.4-44.1) | | ■ | |
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| Alcohol and Other Drug Use | | | | | |
| Had five or more drinks of alcohol in a row (within a couple of hours)** | 23.5 (21.6-25.6) | 20.8 (19.1-22.7) | | | ■ |
| Reported than their largest number of drinks in a row was 10 or more (within a couple of hours)** | 7.2 (6.0-8.6) | 6.1 (5.2-7.1) | | | ■ |
| Ever used marijuana | 37.6 (34.5-40.9) | 40.7 (37.9-43.5) | | | ■ |
| Tried marijuana before age 13 years | 7.9 (6.4-9.7) | 8.6 (7.4-10.1) | | | ■ |
| Currently used marijuana** | 21.0 (18.8-23.5) | 23.4 (21.3-25.7) | | | ■ |
| Ever used cocaine | 6.4 (5.6-7.3) | 5.5 (4.7-6.6) | | | ■ |
| Ever used inhalants | 9.9 (8.7-11.2) | 8.9 (7.9-10.1) | | | ■ |
| Ever used ecstasy | 8.2 (7.2-9.3) | 6.6 (5.6-7.7) | ■ | | |
| Ever used heroin | 2.6 (2.1-3.2) | 2.2 (1.7-2.8) | | | ■ |
| Ever used methamphetamines | 3.6 (3.0-4.3) | 3.2 (2.6-4.0) | | | ■ |
| Ever took steroids without a doctor's prescription | 2.6 (2.2-3.2) | 3.2 (2.7-3.6) | | | ■ |
| Ever took prescription drugs without a doctor's prescription | 16.2 (14.7-17.7) | 17.8 (15.9-19.9) | | | ■ |
| Ever injected any illegal drug | 2.4 (1.9-3.0) | 1.7 (1.3-2.3) | | | ■ |
| Were offered, sold, or given an illegal drug on school property* | 22.8 (21.4-24.2) | 22.1 (20.2-24.1) | | | ■ |
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| Sexual Behaviors | | | | | |
| Ever had sexual intercourse | 46.0 (42.9-49.2) | 46.8 (43.7-49.8) | | | ■ |
| Had sexual intercourse before age 13 years | 4.3 (3.5-5.2) | 5.6 (4.9-6.5) | | ■ | |
| Had sexual intercourse with four or more persons (lifetime) | 14.7 (12.8-16.8) | 15.0 (13.6-16.6) | | | ■ |
| Were currently sexually active (sexual intercourse during the past 3 months) | 34.1 (31.6-36.7) | 34.0 (31.6-36.5) | | | ■ |
| Did not use a condom (of sexually active students, during last sexual intercourse) | 38.5 (35.2-41.9) | 40.9 (38.1-43.7) | | | ■ |
| Did not use birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active) | 75.1 (71.3-78.4) | 81.0 (78.3-83.4) | | ■ | |
| Did not use an IUD or implant (before last sexual intercourse to prevent pregnancy among students who were currently sexually active) | 98.1 (97.2-98.8) | 98.4 (97.8-98.9) | | | ■ |
| Did not use a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active) | 93.7 (92.0-95.0) | 95.3 (94.2-96.2) | | | ■ |
| Did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active) | 66.8 (63.2-70.3) | 74.7 (71.6-77.6) | | ■ | |

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| Sexual Behaviors | | | | | |
| Did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active) | 86.9 (84.7-88.8) | 91.2 (89.7-92.5) | | ■ | |
| Did not use any method to prevent pregnancy (among currently sexually active) | 7.6 6.2-9.4 | 13.7 (12.2-15.4) | | ■ | |
| Drank alcohol or used drugs before last sexual intercourse (among currently sexually active) | 21.7 (19.5-24.0) | 22.4 (20.7-24.3) | | | ■ |
| Were never taught in school about AIDS or HIV infection | 16.2 (14.3-18.4) | 14.7 (12.6-17.0) | | | ■ |
| Dietary Behaviors | | | | | |
| Did not eat fruit or drink 100% fruit juices*** | 4.1 (3.6-4.7) | 5.0 (4.5-5.7) | | ■ | |
| Did not eat vegetables*** | 3.9 (3.2-4.7) | 6.6 (5.9-7.4) | | ■ | |
| Did not drink milk*** | 13.9 (12.8-15.1) | 19.4 (17.9-20.9) | | ■ | |
| Drank a can, bottle, or glass of soda or pop (not including diet soda or pop)*** | 73.7 (71.8-75.6) | 77.7 (75.6-79.6) | | ■ | |
| Drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or pop)*** | 18.2 (16.4-20.2) | 27.0 (23.8-30.5) | | ■ | |
| Drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or pop)*** | 10.7 (9.5-12.0) | 19.4 (16.5-22.6) | | ■ | |
| | | | | | *During past 12 months **During past 30 days ***During past 7 days |

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| Dietary Behaviors | | | | | |
| Drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or pop)*** | 5.1 (4.4-6.0) | 11.2 (9.6-113.1) | | ■ | |
| Did not eat breakfast*** | 11.7 (10.6-12.8) | 13.7 (12.3-15.2) | | ■ | |
| Did not eat breakfast on all 7 days*** | 59.7 (57.4-62.0) | 61.9 (60.3-63.5) | | | ■ |
| Physical Activity | | | | | |
| Did not participate in at least 60 minutes of physical activity on at least 1 day*** | 10.7 (9.7-11.7) | 15.2 (13.9-16.6) | | ■ | |
| Were not physically active at least 60 minutes per day on 5 or more days*** | 45.2 (43.4-47.0) | 52.7 (50.8-54.7) | | ■ | |
| Were not physically active at least 60 minutes per day on all 7 days*** | 72.3 (70.6-73.9) | 72.9 (71.2-74.5) | | | ■ |
| Played video or computer games or used a computer 3 or more hours per day (not school related work)*** | 29.7 (28.3-31.1) | 41.3 (39.2-43.4) | | ■ | |
| Watched television 3 or more hours per day*** | 22.6 (21.0-24.3) | 32.5 (30.4-34.7) | | ■ | |
| Did not attend physical education classes on 1 or more days (in average school week) | 45.6 (41.7-49.5) | 52.0 (46.2-57.8) | | | ■ |
| Did not attend physical education classes on all 5 days (in average school week) | 65.1 (61.0-69.1) | 70.6 (65.9-74.9) | | | ■ |
| Did not play on at least one sports team (school or community)* | 36.3 (34.3-38.3) | 46.0 (43.7-48.4) | | ■ | |
| *During past 12 months **During past 30 days ***During past 7 days | | | | | |

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| Question | Montana 2013 | United States 2013 | Montana More Likely than United States | United States More Likely than Montana | No Difference |
| Weight Control | | | | | |
| Were obese (\geq 95 th percentile for body mass index) | 9.4 (8.4-10.5) | 13.7 (12.6-14.9) | | ■ | |
| Were overweight (\geq 85 th percentile but $<$ 95 th percentile for body mass index) | 12.9 (11.8-14.1) | 16.6 (15.4-17.8) | | ■ | |
| Described themselves as slightly or very overweight | 27.7 (26.3-29.1) | 31.1 (29.8-32.5) | | ■ | |
| Were not trying to lose weight | 58.6 (56.6-60.7) | 52.3 (50.5-54.0) | ■ | | |
| Did not eat for 24 or more hours to lose weight or keep from gaining weight** | 11.7 (10.5-12.9) | 13.0 (12.0-14.1) | | | ■ |
| Took diet pills, powders, or liquids (without a doctor's advice, to lose weight or to keep from gaining weight)** | 5.1 (4.5-5.9) | 5.0 (4.3-5.8) | | | ■ |
| Vomited or took laxatives to lose weight or to keep from gaining weight** | 4.4 (3.9-5.1) | 4.4 (3.9-5.0) | | | ■ |
| Other Health Topics | | | | | |
| Had ever been told by a doctor or nurse that they had asthma | 19.8 (18.7-21.0) | 21.0 (20.0-22.0) | | | ■ |
| Used an indoor tanning device (sunlamp, sunbed, or tanning booth)* | 13.4 (12.0-14.9) | 12.8 (10.6-15.4) | | | ■ |
| *During past 12 months **During past 30 days ***During past 7 days | | | | | |